

Welcome to the Spring 2006 edition of the Department of Counseling Newsletter. This is the time of the year that the dept. holds two graduations,

academic year. This year, we are also in the midst of preparing for a CACREP self study as we seek accreditation of the school and community counseling programs. We just completed a national faculty search and were fortunate to attract three new faculty. We have just begun the first step in the development of a new doctoral program. The Monroeville programs are moving to Penn Center East as the

graduate programs in the Pittsburgh area. So, the

In addition to the above, I recently had an article,

accepted for publication in *Voices: The Art and Science of Psychotherapy*. For me, it was a chance to connect my background in music to my work as a psychotherapist..

I also submitted a sabbatical proposal for Fall 2007 and the University Sabbatical Committee recently gave my proposal a very favorable rating. A sabbatical will give me some more time to serve as chair of the American Academy of Psychotherapists (AAP) Institute and *Psychotherapy Outside* to be held in Savannah, Georgia in Nov. 2008. In addition, I will use this time to edit a special

on the AAP Executive Council and was just re-elected for a three-year term, and I serve as Web Editor (www.aapweb.com).

My wife, Debbie has joined me in my private practice; our website is www.witchelweb.com Three of our children will be in college this fall - Rebekah, a Junior at IUP; Sara, a Sophomore at Ohio University; and Josh, a freshman at IUP. Jeremy (9) attends the Waldorf School of Pittsburgh (to me, it is a Gestalt school for children). We are moving into a new townhouse in the Fox Chapel area facing the Allegheny River. I hope you enjoy reading this newsletter and I wish you a relaxing and enjoyable summer.

Bob Witchel

Welcoming New Faculty

Three new faculty will be joining us during the next academic year.

Ms. Michelle Bruno will receive her doctoral degree. Her research interests are in trauma, juvenile offenders, wellness, multi-culturalism, and resiliency.

Dr. Kim Desmond has a Ph.D. from Kent State University (2005). Her professional interests include: school and community counseling, Narrative Therapy, Solution-Focused Therapy, mentoring, and diversity issues in counseling.

Dr. Stacia Carone has an Ed.D. in Counseling from the University of Virginia. Stacia is a Certified Rehabilitation Counselor and is currently teaching at University of North Carolina at Chapel Hill..

We will be sharing further information about our new faculty in the Fall 2006 newsletter.

has been very busy since the last time she wrote. In her 7th year at IUP, she celebrated a promo-

difficult to fathom where the time has gone,

enjoy my association with the university,

summer 2005, she offered the first completely online version of Ethical and Legal Issues for School Counselors. This summer, she is offering a graduate course for school counselors who are already certified and need Act 48 credits. See more information on page 5 of this newsletter.

In the fall semester, she traveled to the Pennsylvania Counseling Association (PCA) annual conference and presented with Jennifer Alker (her graduate assistant) on the topic of Developing and Using Supervision Contracts

Faculty Updates

Dr. Holly Moore spent two weeks in Pearl River, LA during Sept. 2005 providing mental health treatment to victims of Hurricane Katrina through the Red Cross. Dr. Moore has spoken about crisis intervention and her experience in Louisiana to several groups including the Westmore-

tion in Nov. 2005, the Greater Pittsburgh Counseling Association in Dec. 2005, and the Counselor Education Student Association (CESA) at the Indiana campus in Mar. 2006. In addition, Dr. Moore presented at the Nov. 2005 Western Regional Pennsylvania School Counselor Association Conference in Slippery Rock, PA with an Indiana campus graduate student, Christine Tibbott. The presentation was titled,

Dr. Moore presented on the topic again the following day at the PA Counseling Assoc. 37th Annual Conference in State College, PA. Over the semester break, Dr. Moore collected data on a follow-up research project related to her dissertation; she is currently preparing a journal article about the project. Dr. Moore completed a curriculum proposal to allow Addictions and Addictions Counseling to be offered as a course on a regular basis. She continues her service on the University Judicial Board and as membership chair for the PA Counseling Association.

Dr. Utay has thoroughly enjoyed this semester teaching, writing, and coordinating internship. He just finished teaching Internship, Wellness-based Counseling, as well as a new discussion-based elective he developed called, Current Issues in Counseling. When not engaged in teaching or other university work, Dr. Utay helps children, adolescents, and adults work toward their counseling goals at the Total Learning Center (TLC) in Wexford. Making use of school and community counseling experience, he uses a wide variety

of traditional and creative counseling tools with individuals, couples, and families.

For the past six years, Dr. Utay has co-authored with his wife, Dr. Carol Utay (Executive Director of TLC), two monthly columns with a readership of 120,000. Most recently, they published two six-part columns, one for North Hills Monthly Magazine on helping kids with attention problems and the other for Northern Connections focusing on understanding and im-

Dr. Utay saw another professional article arrive in print this semester co-authored by IUP graduating community counseling student Megan Kojsza (now Megan Miller). The article,

in the Journal of Instructional Psychology. Also, due to be published in October, Dr. Utay was asked to write a chapter for the book, *The Therapist's Notebook II: Home-*

published by Haworth Press. His

graduate at IUP. He is proud of her accomplishments and looks forward to next year when she continues at IUP.

Dr. Marshak completed her first full-time year in the Counseling department and has been very busy and happy in this position. She has found the transition to teaching graduate students to be a pleasure after having spent 20 years in undergraduate education. She also recently turned in the final manuscript for a book entitled

It was co-authored with Fran Prezant (formerly of I.U.P.) and will be published by Woodbine House this fall. Her four years spent writing this book included interviewing many parents of children with severe disabilities about marital issues they

experience and strategies they find help them with their marriages. Along with Fran Prezant, Dr. Marshak published an article entitled

It appeared in , in January of this year. Recently, Dr. Marshak presented a poster presentation (Facilitating Vocational Self-Concepts in Children with Disabilities: Books and Beyond with Heather Hulings-Shirely and Fran Prezant at the Annual Convention of the Council for Exceptional Children, Salt Lake City, Utah. She is taking the summer to travel , finish up some articles and begin a few new projects.

Dr. Claire Dandeneau celebrated her 10 year

She was once again re-elected to the department chairperson position and will continue serving the department in that role for the next two years.

Dr. Dandeneau remains professionally active. She recently received her Approved Clinical Supervisor (ACS) credential. Also, she conducted several presentations on supervision and

section). Along with Dr. McCarthy, Dr. Dandeneau co-chaired the search committee for the

working with JMac and I am thrilled with our

IUP Counseling Department Newsletter

Professional Development Day

The IUP Center for Counselor Training and Services (CCTS), a part of the Counseling Department, coordinated the third annual school held by the Office of Undergraduate Admissions.

trator for

The Center for Counselor Training and Services (CCTS) had record attendance for its Spring workshop, as interna-
-oriented therapy. His
workshop on May 3 attracted 115 participants that included area professionals, alumni, and students from various

Summer 2006 and Fall 2006 Electives

Summer 2006 Indiana and Monroeville

Intro to Family Issues in Counseling (COUN 672) Monroeville, Thurs. 4:45-7:15 pm. This course provides an introductory overview of the major issues, theories, research, and intervention implications for preparation of counselors to work with families. Joe Utay

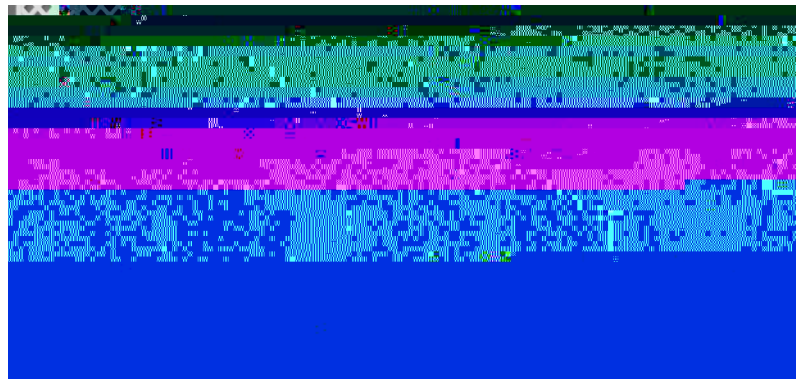
Advanced Counseling Theory: Gestalt Therapy (COUN 681) Monroeville, Thurs. 7:20-9:50pm. Course will include theoretical origins and development of Gestalt Therapy; students learn and practice therapeutic strategies, and explore a wide range of applications of Gestalt including, working with individuals, groups, children, couples, families, and persons having substance abuse or mental health diagnoses.

[Prerequisites: COUN 617, 637 or equivalents] Robert Witchel

Human Sexuality Issues (COUN 670) Indiana, Tues. 4:30 - 10:30, July 10

Congratulations Chi Sigma Iota Inductees

At the IUP main campus, there was a total of 110 people (including initiates and their guests) that attended the induction ceremony and banquet. This year, there was a total of 41 new members, 24 of which attended the event. Dr. Cynthia J. Osborn (President of Chi Sigma Iota) also attended the event.



(Secretary), Christine Sherman (Vice President), Renee Howard (Treasurer), Dr. Dandeneau (Advisor), and Dr. Cynthia J. Osborn (President of Chi Sigma Iota).

Congratulations to Christine Sherman...One of the Two Recipients of the 2006 Ralph F. Kidd Memorial Scholarship



Dr. Dandeneau & Christine Sherman

Ms. Christine Sherman, a student in the Counseling program, was one of two recipients of the 2006 Ralph F. Kidd Memorial Scholarship. This scholarship is given through the Pennsylvania School Counselors Association and was presented at its recent 50th annual conference at the Lancaster Host Conference Center in Lancaster. The amount of the scholarship was \$1000.

Ms. Sherman is pursuing a Master of Education degree in secondary school counseling at IUP. She is currently a graduate assistant in the Department of Counseling and is a member of the American Counseling Association, the American School Counselors Association, and the Pennsylvania School Counselor Association. Ms. Sherman also serves as the vice president of the Counselor Education Student Association and is the vice president of IUP's chapter of Chi Sigma Iota. She plans to graduate from the program in December. Way to go, Christine!

Members of the 5th Monroeville Cohort Graduate on May 12, 2006

Dr. Spinelli Memorial Fund

If alumni wish to contribute to the Dr. Spinelli Memorial Fund, they can contact the Annual Fund at (724) 357-5555 or write to: The Office of Annual Giving, 313 Sutton Hall, Indiana University of PA, Indiana, PA 15705. The annual award is given to a current counseling students.

Alumni Updates

1976: Dennis Ditch, M.Ed. is an Elementary School Counselor at Butler Area School District. Denny also completed a 500-hour massage therapy certification program at Butler County Community College and is now a certified massage therapist. His son, Stephen, graduated from IUP in 2002 in Management Information Systems. Another son, Mark, is currently enrolled at IUP as a Communications major.

1991: Lura L. Vereb M.A., is currently working as a Certified Grief Counselor for Bowser-Minich, Inc. She is in her 14th year of aftercare work, individual and family counseling, and is a community educator on grief issues.

1984: Dennis A. Shaffner M.Ed., is currently working as a Senior College/Career Counselor with Clearfield High School.

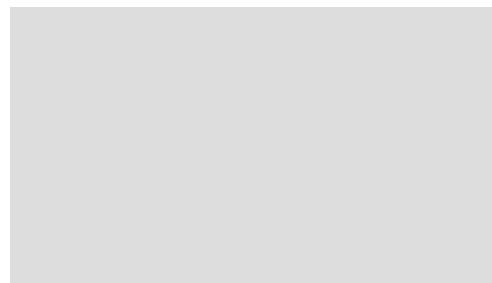
Newsletter on the Web: You can view this newsletter and previous issues of our newsletter on the Web. This issue is located at: www.iup.edu/ce/newsletterSP06.html

Department Website: www.iup.edu/ce

Dr. Witchel and his GA, Whitney Fry, maintain the dept. website at www.iup.edu/ce If you have any feedback or suggestions feel free to email us.

Faculty email addresses

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Dr. Guth: lguth@iup.edu
Dr. Moore: hmoore@iup.edu
Dr. L'Amoreaux: nlamoro@iup.edu
Dr. Marshak: lmarshak@iup.edu
Dr. McCarthy: jmccarth@iup.edu
Dr. Utay: jutay@iup.edu
Dr. Witchel: bwitchel@iup.edu
Emeritus faculty email
Dr. Worzbyt: jcworz@iup.edu



Alumni Feedback

Name _____ **Year of Graduation** _____ **Degree** _____

Address _____

Home phone _____ **Work phone** _____

Email _____

Place of Employment _____ **Job Title** _____

Publications _____

Presentations _____

Other news _____

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