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## Introduction

Welcome to the Department of Food and Nutrition! We are delighted that you have decided to join us. This handbook has been developed to aid you by serving as a guide to our program, policies and procedures. If there is a question that this handbook does not answer, be sure that you ask your Graduate Coordinator, and they will either know the answer or help you find who does. We would like to offer our best wishes for your success in the M.S. in Food and Nutrition program.

### Indiana University of Pennsylvania

Indiana University of Pennsylvania (IUP) is the fifth-largest university in the state and is one of the largest-owned universities in Pennsylvania State System of Higher Education (PASSHE). As such, "IUP has primary responsibilities of providing high-quality education at a reasonable cost and assessing and responding to the higher educational needs of the Commonwealth." IUP is

## Department of Food and Nutrition

The Department of Food and Nutrition has a tradition of educating quality nutrition professionals. It offers two Master of Science degrees: MS in Food and Nutrition with an education career-focus; and an accredited Dietitian-Nutritionist Program. At the undergraduate level, the department offers a Bachelor of Science in Nutrition with two tracks: Nutrition and Dietetics. The Dietetics track with two concentrations (Culinary and Food and Health Promotion) is also an accredited program.

The Master of Science in Food and Nutrition is 100% online and is ranked sixth in the nation by OnlineU. Previously, there were two career-focused tracks: Administration and Education, however, the curriculum has been revised to delete the Administration track. Current students enrolled in this track are not affected. Students also have the option to pursue a dual master's degree in a related field. The MS in Food and Nutrition online degree will prepare you to:

- Provide leadership that influences and contributes to the food and nutrition arena;
- Translate important nutrition information for the public; and
- Utilize new knowledge to reduce nutrition-related chronic diseases and promote nutrition and wellness

The Dietitian-Nutritionist Program (DNP) is a two-year full-time program in which students will earn their master's degree as well as earn eligibility to sit for the national examination for registered dietitian-nutritionists upon successful program completion. The DNP program is open to students who have a bachelor's degree in dietetics and/or nutrition, or closely related degree. The DNP is accredited to admit 18 students across two tracks: the in-resident track and the distance track.

### Mission Statement and Program Objectives

The mission of the Department of Food and Nutrition reflects the total philosophy of the College of Health and Human Services (CHHS) and Indiana University of Pennsylvania (IUP). IUP is committed to the preservation, expansion, and the transmission of knowledge. Students learn to think critically, communicate effectively, analyze information, and solve problems. The Department assists students toward a foundation for further learning and supports individuals' self-development within the context of concern for the commitment and society.

The mission of the Department of Food and Nutrition is to graduate students that will shape the food choices and impact the nutritional status of the public. To accomplish this, the professional of the future will need to exhibit:

- Communication skills
- An ability to adapt to change
- An ability to utilize emerging technology
- A commitment to advocacy for the profession

## MS in Food and Nutrition - Dietitian-Nutritionist Program

The Future Education Model created by ACEND provides an alternative for applicants without a bachelor's degree in dietetics/nutrition, or verification statement, who want to become a registered dietitian-nutritionist. Successful candidates must meet the following requirements to be considered for the DNP program.

Prospective students with earned verification statement from ACEND-accredited program:

- Minimum final GPA 3.0
- 'CE } ( H ] v e focused coursework
- 'CE } ( H ] v o o • ] v U u š Z ~ • š š ] • š ] • • U u v P u v š U v Z μ u sociology, English) courses
- Meet the "Required by All Prospective Students" criteria below

Prospective students without an ACEND-approved verification statement:

- Minimum final GPA 3.0 in a closely related field to nutrition
- Grade of B in the following required coursework (no more than 5 years old, preferred)
  - Science minimum (no substitutions):
    - 4cr of organic chemistry (lecture and lab)
    - 3cr of biochemistry (lecture only)
    - 3cr of microbiology (lecture and lab)
    - 3cr of anatomy (lecture and lab)
    - 3cr of physiology (lecture and lab)
  - Nutrition
    - 6cr of nutrition coursework
      - 3cr must be comparable to IUP's FDNT 145 or 212
  - Math minimum
    - 3cr of statistics
  - Management
    - 3cr of management
  - VBA2/BA2/BA3/BA4/BA5/BA6/BA7/BA8/BA9/BA10/BA11/BA12/BA13/BA14/BA15/BA16/BA17/BA18/BA19/BA20/BA21/BA22/BA23/BA24/BA25/BA26/BA27/BA28/BA29/BA30/BA31/BA32/BA33/BA34/BA35/BA36/BA37/BA38/BA39/BA40/BA41/BA42/BA43/BA44/BA45/BA46/BA47/BA48/BA49/BA50/BA51/BA52/BA53/BA54/BA55/BA56/BA57/BA58/BA59/BA60/BA61/BA62/BA63/BA64/BA65/BA66/BA67/BA68/BA69/BA70/BA71/BA72/BA73/BA74/BA75/BA76/BA77/BA78/BA79/BA80/BA81/BA82/BA83/BA84/BA85/BA86/BA87/BA88/BA89/BA90/BA91/BA92/BA93/BA94/BA95/BA96/BA97/BA98/BA99/BA100/BA101/BA102/BA103/BA104/BA105/BA106/BA107/BA108/BA109/BA110/BA111/BA112/BA113/BA114/BA115/BA116/BA117/BA118/BA119/BA120/BA121/BA122/BA123/BA124/BA125/BA126/BA127/BA128/BA129/BA130/BA131/BA132/BA133/BA134/BA135/BA136/BA137/BA138/BA139/BA140/BA141/BA142/BA143/BA144/BA145/BA146/BA147/BA148/BA149/BA150/BA151/BA152/BA153/BA154/BA155/BA156/BA157/BA158/BA159/BA160/BA161/BA162/BA163/BA164/BA165/BA166/BA167/BA168/BA169/BA170/BA171/BA172/BA173/BA174/BA175/BA176/BA177/BA178/BA179/BA180/BA181/BA182/BA183/BA184/BA185/BA186/BA187/BA188/BA189/BA190/BA191/BA192/BA193/BA194/BA195/BA196/BA197/BA198/BA199/BA200/BA201/BA202/BA203/BA204/BA205/BA206/BA207/BA208/BA209/BA210/BA211/BA212/BA213/BA214/BA215/BA216/BA217/BA218/BA219/BA220/BA221/BA222/BA223/BA224/BA225/BA226/BA227/BA228/BA229/BA230/BA231/BA232/BA233/BA234/BA235/BA236/BA237/BA238/BA239/BA240/BA241/BA242/BA243/BA244/BA245/BA246/BA247/BA248/BA249/BA250/BA251/BA252/BA253/BA254/BA255/BA256/BA257/BA258/BA259/BA260/BA261/BA262/BA263/BA264/BA265/BA266/BA267/BA268/BA269/BA270/BA271/BA272/BA273/BA274/BA275/BA276/BA277/BA278/BA279/BA280/BA281/BA282/BA283/BA284/BA285/BA286/BA287/BA288/BA289/BA290/BA291/BA292/BA293/BA294/BA295/BA296/BA297/BA298/BA299/BA300/BA301/BA302/BA303/BA304/BA305/BA306/BA307/BA308/BA309/BA310/BA311/BA312/BA313/BA314/BA315/BA316/BA317/BA318/BA319/BA320/BA321/BA322/BA323/BA324/BA325/BA326/BA327/BA328/BA329/BA330/BA331/BA332/BA333/BA334/BA335/BA336/BA337/BA338/BA339/BA340/BA341/BA342/BA343/BA344/BA345/BA346/BA347/BA348/BA349/BA350/BA351/BA352/BA353/BA354/BA355/BA356/BA357/BA358/BA359/BA360/BA361/BA362/BA363/BA364/BA365/BA366/BA367/BA368/BA369/BA370/BA371/BA372/BA373/BA374/BA375/BA376/BA377/BA378/BA379/BA380/BA381/BA382/BA383/BA384/BA385/BA386/BA387/BA388/BA389/BA390/BA391/BA392/BA393/BA394/BA395/BA396/BA397/BA398/BA399/BA400/BA401/BA402/BA403/BA404/BA405/BA406/BA407/BA408/BA409/BA410/BA411/BA412/BA413/BA414/BA415/BA416/BA417/BA418/BA419/BA420/BA421/BA422/BA423/BA424/BA425/BA426/BA427/BA428/BA429/BA430/BA431/BA432/BA433/BA434/BA435/BA436/BA437/BA438/BA439/BA440/BA441/BA442/BA443/BA444/BA445/BA446/BA447/BA448/BA449/BA450/BA451/BA452/BA453/BA454/BA455/BA456/BA457/BA458/BA459/BA460/BA461/BA462/BA463/BA464/BA465/BA466/BA467/BA468/BA469/BA470/BA471/BA472/BA473/BA474/BA475/BA476/BA477/BA478/BA479/BA480/BA481/BA482/BA483/BA484/BA485/BA486/BA487/BA488/BA489/BA490/BA491/BA492/BA493/BA494/BA495/BA496/BA497/BA498/BA499/BA500/BA501/BA502/BA503/BA504/BA505/BA506/BA507/BA508/BA509/BA510/BA511/BA512/BA513/BA514/BA515/BA516/BA517/BA518/BA519/BA520/BA521/BA522/BA523/BA524/BA525/BA526/BA527/BA528/BA529/BA530/BA531/BA532/BA533/BA534/BA535/BA536/BA537/BA538/BA539/BA540/BA541/BA542/BA543/BA544/BA545/BA546/BA547/BA548/BA549/BA550/BA551/BA552/BA553/BA554/BA555/BA556/BA557/BA558/BA559/BA560/BA561/BA562/BA563/BA564/BA565/BA566/BA567/BA568/BA569/BA570/BA571/BA572/BA573/BA574/BA575/BA576/BA577/BA578/BA579/BA580/BA581/BA582/BA583/BA584/BA585/BA586/BA587/BA588/BA589/BA590/BA591/BA592/BA593/BA594/BA595/BA596/BA597/BA598/BA599/BA600/BA601/BA602/BA603/BA604/BA605/BA606/BA607/BA608/BA609/BA610/BA611/BA612/BA613/BA614/BA615/BA616/BA617/BA618/BA619/BA620/BA621/BA622/BA623/BA624/BA625/BA626/BA627/BA628/BA629/BA630/BA631/BA632/BA633/BA634/BA635/BA636/BA637/BA638/BA639/BA640/BA641/BA642/BA643/BA644/BA645/BA646/BA647/BA648/BA649/BA650/BA651/BA652/BA653/BA654/BA655/BA656/BA657/BA658/BA659/BA660/BA661/BA662/BA663/BA664/BA665/BA666/BA667/BA668/BA669/BA670/BA671/BA672/BA673/BA674/BA675/BA676/BA677/BA678/BA679/BA680/BA681/BA682/BA683/BA684/BA685/BA686/BA687/BA688/BA689/BA690/BA691/BA692/BA693/BA694/BA695/BA696/BA697/BA698/BA699/BA700/BA701/BA702/BA703/BA704/BA705/BA706/BA707/BA708/BA709/BA710/BA711/BA712/BA713/BA714/BA715/BA716/BA717/BA718/BA719/BA720/BA721/BA722/BA723/BA724/BA725/BA726/BA727/BA728/BA729/BA730/BA731/BA732/BA733/BA734/BA735/BA736/BA737/BA738/BA739/BA740/BA741/BA742/BA743/BA744/BA745/BA746/BA747/BA748/BA749/BA750/BA751/BA752/BA753/BA754/BA755/BA756/BA757/BA758/BA759/BA760/BA761/BA762/BA763/BA764/BA765/BA766/BA767/BA768/BA769/BA770/BA771/BA772/BA773/BA774/BA775/BA776/BA777/BA778/BA779/BA780/BA781/BA782/BA783/BA784/BA785/BA786/BA787/BA788/BA789/BA790/BA791/BA792/BA793/BA794/BA795/BA796/BA797/BA798/BA799/BA800/BA801/BA802/BA803/BA804/BA805/BA806/BA807/BA808/BA809/BA810/BA811/BA812/BA813/BA814/BA815/BA816/BA817/BA818/BA819/BA820/BA821/BA822/BA823/BA824/BA825/BA826/BA827/BA828/BA829/BA830/BA831/BA832/BA833/BA834/BA835/BA836/BA837/BA838/BA839/BA840/BA841/BA842/BA843/BA844/BA845/BA846/BA847/BA848/BA849/BA850/BA851/B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- Goal Statement, Résumé, and Self-Evaluation of Vital Standards
  - Up-to-date résumé that reflects experiences referenced in the goal statement
  - Goal statement must include:
    - Which track are you applying for (in-residence, distance, or do you want to be considered for both)?
    - How did you gain interest in the field of nutrition?
    - What experiences have prepared you for the coursework and supervised practice required in the DNP program?
    - What makes you a competitive candidate?
    - What areas (of improvement) will you continue to work on through the program?
    - What are your two-year and five-year goals?
    - What strategies do you plan to use during the program to remain organized, to actively and effectively communicate, to maintain positivity, and for self-care?
    - What do you hope to achieve through the program?



## Financial Assistance

### Graduate Assistantships

Graduate Assistantships at IUP are selectively awarded to highly qualified graduate students. Among the criteria are undergraduate and graduate grade point average and professional experience and background relative to the graduate program and faculty needs. New applicants and current students are encouraged to complete their application for admission, which includes a required field about



Research (6cr)

FDNT 795 Thesis 6cr  
OR

FDNT 661 Designing Effective Food and Nutrition Research Projects 3cr

FDNT 662 Applying Research Methods in Food and Nutrition 3cr

Education Track – Optional (18cr)

FDNT 515 Sustainable Nutrition 3cr

FDNT 522 Public Health Nutrition & Epidemiology 3cr





Examines professional topics relevant to the dietetic professional. Provides a forum for clinical case study presentations and education about professional development opportunities and challenge.

FDNT 653 Leadership for the Nutrition Professional 3cr

Provides a theoretical analysis of leadership theory, organizational management concepts, consulting strategies, and ethics as it relates to both the novice, and advanced food and nutrition professional.

FDNT 661 Designing Effective Food and Nutrition Research Projects 3cr

Enhances understanding and skills in food and nutrition research and evaluation with emphasis on survey methods. Examines decisions related to research ethics, study design, sampling, recruitment, instrument development and testing, data collection, and analysis plans. Development of a defendable proposal to conduct research in food and nutrition is required.

FDNT 662 Applying Research Methods in Food and Nutrition 3cr

Conduct research in food and nutrition. Participate in decisions and activities related to study design, instrument construction and pilot testing, data management and analysis, interpretation, and communication of results. Prerequisite: FDNT 661 with minimum grade of C.

FDNT 681 Special Topics 3 – 4cr

FDNT 696 Dietetic Internship 1 – 6cr

Supervised practice experience for students who are enrolled in IUP's DNP program.

FDNT 698 Internship 1 – 6cr

Supervised work experience for graduate students.

FDNT 770 Clinical Nutrition Assessment 3cr

Analyze and evaluate dietary, biochemical, anthropometric, functional, socioeconomic, and clinical data to assess nutrition status of individuals and populations throughout the lifecycle. The Nutrition Care Process will be used to perform a nutrition diagnosis, plan a nutrition intervention, and evaluate and monitor the nutritional status using the appropriate professional language and documentation.

FDNT 771 Nutrition in the Life Cycle 3cr

Studies bodily functions at different stages of development under differing environmental conditions and at various levels of biological organization.

FDNT 772 Clinical Nutrition Therapy I 3cr

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## Evaluation of Students

For students admitted prior



Dietetics, expect all professional and pre-professional students to uphold integrity when  
Medical Association for formatting, including cases where AI technology  
professor suspects that course work has not followed the Academic Integrity Policy, they may  
ask for additional work to be submitted.

## Research

*Insert any information regarding research support for your students.*

[www.iup.edu/gradcatalog](http://www.iup.edu/gradcatalog)

[www.iup.edu/research/](http://www.iup.edu/research/)

## Appendices

### Appendix A: Master of Science in Food & Nutrition Curriculum Sheet

(Education Track option; integrated Dietitian-Nutritionist Program (DNP))

Name:

Admitted Date:

Banner ID:

Email:

Advisor:

Education Track (optional)

## Signature Page

My signature below indicates that I am responsible for reading and understanding the information provided and referenced in this department/program student handbook.

\_\_\_\_\_[please initial] I understand my program coordinator may share this document with the School of Graduate Studies and Research.

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Print Name

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Signature

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Date

Submit to [ms-fdnt@iup.edu](mailto:ms-fdnt@iup.edu) by August 31, 2023

The Department of Food and Nutrition will keep this signed document on file.