

Open Topics Soc 481

MARTI Conference: Positive Approaches to Recovery - Populations, Providers, and Programs

Christian A. Vaccaro/Melissa Swauger

Prerequisite: Soc151

June 18 th	Staying Positive, Resilient, and Loving Yourself in Stressful Situations	Discussion Board 4: Burnout and Resiliency as a Parent, Educator, and Counselor Quiz 4: Positive Psychology and Sociology - the Basics
June 19 th	Adult Issues in Mental Health and Addiction	Discussion Board 5: Recovery and Relapse for Adults Quiz 5: What Sociology and Psychology Tells Us About Suicide
June 22 nd	Day 1 Conference Activities	Validate Full Day Attendance at Conference Daily Reflection 1
June 23 rd	Day 2 Conference Activities	Validate Full Day Attendance at Conference Daily Reflection 2
June 24 th	Day 3 Conference Activities	Validate Full Day Attendance at Conference Daily Reflection 3
June 25 th	Day 4 Conference Activities	Validate Full Day Attendance at Conference Daily Reflection 4

Discussions will help ground students in readings and help provide a thorough introduction to the topics and material that will be elaborated upon in the conference setting.

Quizzes and Exams: Students will be asked to demonstrate their reading comprehension with online quizzes prior to the start of the conference. Quizzes will include multiple choice and/or short essay format. Online feedback to quizzes will be provided.

Reflection Paper: Students will be asked to write and submit a reflective essay, which will include a summary of what they learned during each day of the conference and how they will apply their knowledge in the future.

Analysis Paper: The instructor will develop short hypothetical case studies that will relate to information from keynote address topics. Students will select from two cases to complete the assignment. Students will be asked to apply the information and language from keynote addresses to further illustrate the problem defined in the case. Students will be asked to approach the problem from both a macro (systemic) and micro (interactional/intervention) orientation.

The final grade will be determined as follows:

Conference Attendance	10%
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Seligman MEP, Csikszentmihalyi M. (2000) "Positive psychology: An introduction." *American Psychologist*. 55:5–14.

Swauger, Melissa (2010). "Do (Not) Follow in My Footsteps: How Mothers Influence Working-Class Girls' Aspirations." *Girlhood Studies* 2: 49-68.

Wirth, Louis (1931) "Clinical Sociology." *American Journal of Sociology*. 37: 49-66.

Supplemental Materials: TED Talks

Gilbert, Dan (2004) *The Surprising Science of Happiness*

Gruber, June (2012) *The Dark Side of Happiness*

Insel, Thomas (2013) *Toward a New Understanding of Mental Health*

Nadelmann, Ethan (2014) *Why we Need to End the War on Drugs*

Neff, Kristin (2013) *The Space Between Self-Esteem and Self Compassion*

Richards, Sam (2010) *A Radical Experiment in Empathy*

Senior, Jennifer (2014) *For Parents, Happiness is a Very High Bar*

VIII. Special resource requirements

Technology Skills and Software

Students enrolled in this course should possess the following technology skills:

- The ability to access information via the Web

- The ability to use an appropriate web based instructional software such as D2L and associated tools, including discussion/chat, quizzing, and assignment submission features

- The ability to use word processing software and to save in either Microsoft Word or Rich Text Format

- The ability to use Internet communication tools, specifically e-

Disability Services

IUP is committed to ensuring equal access to education as intended by Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act. Disability Support Services provides services to students with disabilities of all kinds, including learning, physical, hearing, vision, or psychological. Students who plan to request accommodations should contact the Disability Support Services Office at the beginning of each semester. To determine whether you qualify for accommodations, or if you have questions about services and procedures for students with disabilities contact: Office of Disability Support Services, 216 Pratt Hall, 724-357-4067.

Academic Integrity

IUP students are expected to maintain the highest standards of honesty and integrity. You are responsible for knowing and abiding by the IUP Academic Integrity Policy, (website: <http://www.iup.edu/teachingexcellence/nfo/acadintegrity.shtm>). Practicing academic integrity means you do not:

- Provide or receive unauthorized assistance in coursework, including papers, quizzes, and examinations.

- Use unauthorized materials and resources during quizzes and tests.

- Possess or use unauthorized materials or resources during examinations.

