



have trouble breathing  
 are at risk for getting very sick  
 are sick for a long time

xClean high-touch surfaces, and open your windows or use an air purifier  
 xUse good hygiene and focus on staying away from older adults, babies,

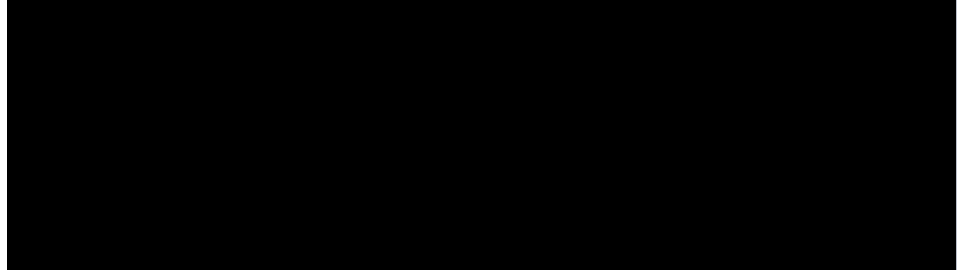
you are not using fever-reducing medication.

[Redacted]



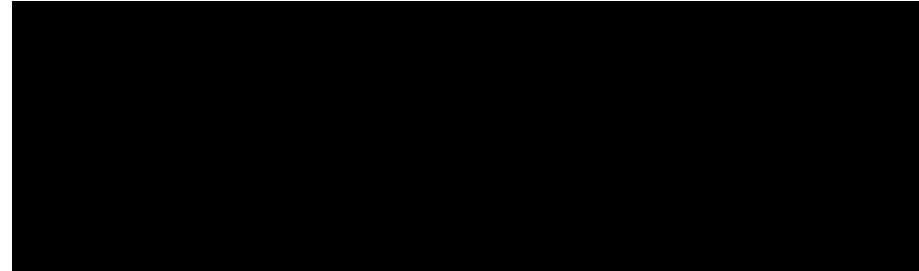
You can get others sick even if you never really felt sick, or when you are feeling better after being sick.

[Redacted]



with confirmed or suspected COVID-19 should check out the Department of Health's most recent guidance before returning to work.  
[health.pa.gov/topics/Documents/HAN/2022-662-9-30-UPD-Return\\_Work\\_HCP.pdf](https://health.pa.gov/topics/Documents/HAN/2022-662-9-30-UPD-Return_Work_HCP.pdf)

If you have a fever and feel sick, and the fever ends, but you still feel sick:



If you get better and then get a fever:

