

For the following 10 questions, circle the corresponding number that comes closest to your answer. Place that number in the column on the far right. Once you have completed all 10 questions, add up the number and place the total in the box at the bottom marked total score. Refer to the scoring interpretation on the back for your results.

Scoring Interpretation

Compare your total score to the appropriate box below

Total Score 0-7: Results are not consistent with hazardous or harmful levels of alcohol use. However, please note that the only way to be at no risk is to abstain from all alcohol use.

Total Score 8 or above: Screening results are consistent with hazardous or harmful drinking. Hazardous use of alcohol means that your current drinking patterns may result or has already resulted in medical or emotional problems and could cause harm to others. Harmful alcohol use may indicate the beginning or presence of alcohol dependence. It would be advisable to seek an evaluation from a professional for further clarification, or to adopt a plan to modify your current alcohol use patterns.

Total Score 19 or above: Scores in this category are considered to be very high-risk. It is recommended that you seek an evaluation by a certified drug and alcohol counselor.

*Please note: If you are under 21 and choose to consume alcohol, you are at risk for legal and campus policy violations.

About your results:

We Strongly Encourage anyone who takes this test to discuss the results with a professional.

The Open Door (724) 465-2605
24 hour hotline
All information is confidential.

The Counseling Center
(724) 357-2621
G31 Suites on Maple East

Sponsored by the Alcohol, Tobacco and Other Drugs Program (ATOD)
Center for Health and Well-Being
G57 Suites on Maple East
724-357-1265
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