



PREPARING FOR MIDTERMS

Academic Success Center



Overview:

The Months/Weeks before the Exam

The Week Before the Exam

The Night Before the Exam

The Day of the Exam

Months and Weeks Before Exam Cont.

Mnemonic Rules:

Mnemonic rules basically work by associating certain concepts with other concepts that are more familiar to us.

Mnemonics are especially useful *when memorizing lists and sets.*

Months/Weeks Before Cont.

Procrastination:

Overcoming procrastination is a very important skill when it comes to achieving exam success in your midterms.

To achieve the correct amount of healthy procrastination, you need to adopt the right frame of mind.

Being

Months/Weeks Before Exam Cont.

Learning Style:

Understanding the best study techniques for you is key to effective learning and learning new information.

Some people prefer to read, while others prefer to listen. Some people learn best by performing actions, while others like to plan things out logically.

Understanding

Months/Weeks Before Exam Cont.

Best Time to Study:

The Week Before the Exam

The week before is NOT the time to *start* studying.

You do not need to know 100% of the material. Most subjects do not require you to know all concepts on the syllabus.

Know the format of the exam. Most instructors will give you this information but if not, ASK!



The Day of the Exam

Wake up early and have a well-rounded breakfast.

Check the time of your exam to make sure you are on time.

Remember to write your name on your exam! (believe it or not, a lot of people forget this due to anxiety)

Read all exam questions carefully and answer those that you know for sure before spending a lot of time on questions you are not sure about. This ensures that you will have enough time to take the entire exam without rushing through.

GOOD LUCK! 😊